

## MASSAGE THERAPIES

#### Desert Botanicals Massage

Our fully customized massage with an aromatherapy botanical blend of your choice. 60/90 minutes

#### $\cdot$ The Mountain of the Sun

Enhance your well-being with warm mineral-rich Himalayan salt stones with slow rhythmic movements that gently melt away all your aches, tension, and stress. 60/90 minutes

#### Angel's Landing Pregnancy Massage

Specifically designed for expectant mothers. A nurturing blend of relaxing massage techniques to relieve discomfort and tension. Jojoba Hair and Scalp treatment is included in the 90 minute treatment. 60/90 minutes

#### • Kolob Arch Thai Massage

Combining the ancient traditions of Thailand, the body's energy points and lines are stimulated through flowing movements and deep stretches that energize the overall mind/body connection. 60/90 minutes

#### Emerald Pools Gemstone Massage

A gentle yet powerful meditative experience combining precious gemstones with 7 unique oil blends designed specifically to help balance each energy center. 90 minutes

#### Vibrational Frequency

Using a frequency oil that will match your body's unique signature, this energetic healing session will help bring your mind, body and spirit back into equilibrium. 60/90 minutes

# Couples Massage Treatments of your choice performed in the Couples Room. 60/90 minutes

ALL 60/90 MIN TREATMENTS \$135/\$185

## BODY TREATMENTS -

### • Dark Sky Sun Repair

If the sun has left you over exposed, enjoy relief with a hydrating aloe body mask, an After-Sun lotion, and deep conditioning hair and scalp treatment. 60/90 minutes

#### Virgin River Detox

Highly detoxifying and invigorating, this treatment combines dry skin brushing, an application of detoxifying mud mask, lymphatic drainage techniques and Gua-Sha, making this a one of a kind experience. 90 minutes

#### Fire and Ice Body Scrub

An invigorating scrub, mask and massage using products rich in magnesium trace minerals, all sourced from the Great Salt Lake. Increases hydration, circulation and helps reduce inflammation. 60/90 minutes

ALL 60/90 MIN TREATMENTS \$135/\$185

### FACIALS & ADVANCED SKIN CARE

#### Soothing Sanctuary Facial

See results with our organic vegan Kypris products, infused with nature's most loving botanicals. Powerful plant stem cells help reverse free radical and sun damaged skin, giving you a youthful, even complexion. Good for all skin types. 60/90 minutes

#### • Temple of Sinawava Facial

Customized to your unique skin type, Rawceuticals with its active botanicals give your skin a firming sensation with a healthy glow. 60/90 minutes

#### • 1,000 Roses Beauty Ritual

Experience rich hydration from Bulgarian rose essential oil with fast acting anti-oxidants to diminish the appearance of dryness. Will leave your skin plumped, glowing, and Rose Petal soft. 90 minutes

#### • DiamondTome Hydro-Facial \$165

Our microdermabrasion treatment is a non-invasive deep exfoliation that revitalizes dull skin, reduces large pores, erases fine lines, wrinkles, and reduces pigment irregularities. Followed with a hydrating serum infusion, you're bound to be leaving with fresh renewed skin. 60 minute

ALL 60/90 MIN TREATMENTS \$135/\$185, excluding Diamondtome Facials

### SIGNATURE PACKAGES

Blooming Botanicals—3 Hour: \$325 • Desert Botanicals Massage (90 minutes) • 1000 Roses Beauty Ritual Facial (90 minutes)

Healing Gemstones—3 Hour: \$325 • Emerald Pools Gemstone Massage (90 minutes) • Temple of Sinawava Facial (90 minutes)

Ultimate Harmony Couples Package—2 Hour: \$450 • Couples Massage- 90 minute treatments of your choice performed in the Couples Room • 30 minute treatment of your choice in Zero Gravity Dream Lounge Chairs.

### CABLEMOUNTAINSPA.COM | 435 619 8300

## ENHANCEMENTS & ADD ONS

- CBD Hemp Balm & Massage Oil
- Jojoba Hair & Scalp Treatment (Hair Repair and Scalp Treatment)
- Pi'a-pa Mineral Therapy (Mineral Rich Foot & Leg Treatment)
- Salt of the Earth Mineral Back Scrub (Warm Mud & Menthol Rub)
- Big Springs Face Renewal (Hydrating Face Massage)
- Waxing (Chin, Upper Lip, or Eyebrow Maintenance Waxing)

### THE SOCIAL SUITE

# 30 minute targeted treatments

#### Backpacker Recovery

Recover in the unique FusionLite chairs with visual meditation while receiving a combination of Theragun percussive therapy and a specialized seated massage technique.

#### Desert Stone Honey Scrub

Honey, known for its natural healing benefits, is sweetly infused in this hand and foot treatment. Enjoy a fragrant warm foot soak, deliciously scented caramel coffee scrub, drizzle of honey heel mask and a sunflower honey butter warm stone massage.

#### • Pah Tempe Mineral Soak

Rich in minerals from Utah's Great Salt Lake, recover with a magnesium foot soak and salt scrub, warm thermal clay, and foot & leg massage.

#### • Jojoba Hair and Scalp Repair

Your hair and scalp are gently massaged and drenched in a unique blend of Jojoba, Argan, Coconut and Kukui oils to reduce moisture loss and increase deep conditioning.

#### Watchman Beard and Face Renewal

A specialized treatment for the beard lovers! "Save me From Age Acceleration" hair mask balances hair and skin with hydration, silky softness and healthier appearance, followed by a kombucha cleanser, toner, facial massage and scalp massage.

#### • Hair and Face Renewal

Select the "Save Me From" repair mask that targets your individual hair and scalp needs. Relax with a kombucha cleanser, toner, facial massage, and scalp massage.

#### $\cdot$ Natural Springs Face Renewal

Renew your skin with a gentle cleansing lotion, Kypris' hydrating Cerulean Recovery Mask, Antioxidant Serum, and a relaxing face and scalp massage.

#### DiamondTome Glow \$85

Exfoliating Diamond tip microdermabrasion followed by a hydrating serum infusion for an invigorating deep cleanse leaving your skin feeling soft and supple.

ALL 30 MIN TREATMENTS \$65, excluding Diamondtome Facials

\$25 \$50 \$50 \$50

\$50

\$20